

## Curriculum Statement PSHE

### Intent

At Claremont Primary School, we believe that PSHE helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives, in order to become informed, active and responsible citizens. We ensure they are given the best possible opportunity to reach their full potential, in the classroom and beyond. We aim to give each child the skills and knowledge to create a better understanding of the world they face now, and in the future. A high proportion of our children have English as an Additional Language (EAL) so we ensure that teachers and TA's incorporate key vocabulary and clearly model skills using visual aids, ICT and cues to enhance the learning. In partnership with all members of our school community, we wish our children to become positive contributors to wider society. Through instilling a passion for life-long learning and nurturing a strong sense of self, with an understanding of social responsibility, we will enable our children to achieve their full potential academically and socially. Our PSHE curriculum is central to us trying to achieve this.

The aims of PSHE and RSE at Claremont are to:

- Promote the spiritual, moral, cultural, mental and physical development of all pupils
- Prepare pupils for the opportunities, responsibilities and experiences of later life
- Encourage pupils to value themselves and others
- Allow pupils to acknowledge and appreciate difference and diversity, demonstrating tolerance and respect
- Teach pupils how to make informed choices
- Prepare pupils to be positive and active members of a democratic society
- Teach pupils to understand what constitutes a safe and healthy lifestyle
- Provide a framework in which sensitive discussions can take place
- Promote safety in forming and maintaining relationships
- Provide pupils with a toolkit for understanding and managing their emotions
- Provide pupils with the opportunities to consider issues which may affect their own lives and/or the lives of others
- Help pupils to identify the characteristics of healthy relationships, how relationships may affect mental and physical health; and how to stay safe online
- Prepare pupils for puberty and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies

## **Implementation**

PSHE is taught using the Early Years Foundation Stage framework and the early learning goals (ELG's) in the Early Years Foundation Stage through the prime area of Personal and Social and Emotional – this includes a focus on self-confidence and self – awareness, managing feelings and behaviour and making relationships

In years 1-6 PSHE is blocked and taught in the first week of each half term and is underpinned by Claremont's HEARTS Values (Human Kindness, Equality, Aspirational, Resilience, Teamwork, Self-Belief). Each half term has a HEARTS focus and the PSHE curriculum is linked to this. The HEARTS focus and whole curriculum we have adopted is the PHSE Association scheme of work which has been adapted to meet the needs of our school. We have incorporated resources from the Manchester Healthy School Imatters programme. We strive to deliver PHSE across the curriculum and make links wherever we can, including explicit links to British Values and The Unicef Rights of the Child. We further enhance this through engaging with national awareness and charity days including: anti-bullying week; Black History month; Comic Relief/Children in Need; Road Safety Week. Assemblies link to Unicef Rights of the Child and awareness days where appropriate.

## **RSE**

Under the guidance issued by the DfE, summer 2021, Relationships Education at primary school is compulsory. We believe that, to be effective, RSE should always be taught within a broader PSHE education programme. RSE enhances and is enhanced by learning related to topics including anti-bullying; keeping safe on and off line; keeping physically and mentally healthy, learning about drugs, alcohol and tobacco; and the development of skills and attributes such as communication skills, managing peer pressure, risk management, resilience and decision making. However, we will continue to set aside a week in the summer term where the Manchester Healthy Schools imatter curriculum puberty lesson will be taught in Year 5 and Year 6 as has been agreed in consultation with parents.

We are a member of the PSHE association which gives our teachers access to valuable resources and to support around the teaching of PSHE and wellbeing

## **Impact**

We firmly believe that a meaningful PSHE curriculum is the key to children becoming confident, tolerant and well-rounded adults with an understanding of social responsibility.

- Children will be better prepared to approach a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life.
- Children will build up tolerance and a sense of responsibility of being a global citizen through exposure to a range of global issues and problems.
- Children will develop positive and healthy relationship with their peers both now and in the future.

- Children will understand the physical aspects involved in RSE at an age appropriate level.
- Children will have respect for themselves and others and be able to explain this using Claremont's values (HEARTS).
- Children will know more and remember more about PSHE, evidence through teacher assessment and pupil voice.
- Children will recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty.