



Claremont Primary School PHSE long term curriculum

	Autumn 1	Autumn 1	Spring 1	Spring 2	Summer 1	Summer 2
	Human Kindness	Equality	Aspiration	Resilience	Teamwork	Self-belief
Year 1	How can we look after each other and the world?	What is the same and different about us?	What can we do with money?	What helps us stay healthy?	Who is special to us?	Who helps to keep us safe?
Year 2	What makes a good friend?	What is bullying?	What jobs do people do?	How do we recognise our feelings?	What helps us to stay safe?	What can help us grow and stay healthy?
Year 3	What are families like?	What makes a community?	What keeps us safe?	How can we be a good friend?	Why should we keep active and sleep well?	Why should we eat well and look after our teeth?
Year 4	How can our choices make a difference to others and the environment?	How do we treat each other with respect?	How do we treat each other with respect?	How can we manage our feelings?	How can we manage risk in different places?	What strengths, skills and interests do we have ?
Year 5	How can friends communicate safely?	What makes up our identity?	What jobs would we like?	How can we help in an accident or emergency?	What decisions can people make with money?	How can drugs common to everyday life affect health?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change and we become more independent? How do friendships change as we grow?	

	Relationships
	Health and well being
	Living in the wider world